

The Book of Philippians

Chapter One Workbook

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This Bible Study Workbook is designed to facilitate your study of Chapter One of the Book of Philippians. Upon completion of the study, it is recommended that you discuss your answers and insights with other Bible Students who also completed the workbook. Further information is available at www.free-online-bible-study.com

Workbook – Philippians Chapter 1

Philippians 1 (New International Version)

1 Paul and Timothy, servants of Christ Jesus, To all the saints in Christ Jesus at Philippi, together with the overseers and deacons:

2 Grace and peace to you from God our Father and the Lord Jesus Christ.

3 I thank my God every time I remember you. 4 In all my prayers for all of you, I always pray with joy 5 because of your partnership in the gospel from the first day until now, 6 being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

7 It is right for me to feel this way about all of you, since I have you in my heart; for whether I am in chains or defending and confirming the gospel, all of you share in God's grace with me. 8 God can testify how I long for all of you with the affection of Christ Jesus.

9 And this is my prayer: that your love may abound more and more in knowledge and depth of insight, 10 so that you may be able to discern what is best and may be pure and blameless until the day of Christ, 11 filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God.

12 Now I want you to know, brothers, that what has happened to me has really served to advance the gospel. 13 As a result, it has become clear throughout the whole palace guard and to everyone else that I am in chains for Christ. 14 Because of my chains, most of the brothers in the Lord have been encouraged to speak the word of God more courageously and fearlessly.

15 It is true that some preach Christ out of envy and rivalry, but others out of goodwill. 16 The latter do so in love, knowing that I am put here for the defense of the gospel. 17 The former preach Christ out of selfish ambition, not sincerely, supposing that they can stir up trouble for me while I am in chains. 18 But what does it matter? The important thing is that in every way, whether from false motives or true, Christ is preached. And because of this I rejoice.

Yes, and I will continue to rejoice, 19 for I know that through your prayers and the help given by the Spirit of Jesus Christ, what has happened to me will turn out for my deliverance. 20 I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death. 21 For to me, to live is Christ and to die is gain.

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22 If I am to go on living in the body, this will mean fruitful labor for me. Yet what shall I choose? I do not know! 23 I am torn between the two: I desire to depart and be with Christ, which is better by far; 24 but it is more necessary for you that I remain in the body. 25 Convinced of this, I know that I will remain, and I will continue with all of you for your progress and joy in the faith, 26 so that through my being with you again your joy in Christ Jesus will overflow on account of me.

27 Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in one spirit, contending as one man for the faith of the gospel 28 without being frightened in any way by those who oppose you. This is a sign to them that they will be destroyed, but that you will be saved-and that by God. 29 For it has been granted to you on behalf of Christ not only to believe on him, but also to suffer for him, 30 since you are going through the same struggle you saw I had, and now hear that I still have.

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DAY ONE

1. From the first two verses, provide the following information:

- Name the two messengers who sent the letter
- How they were described
- To whom the letter was sent
- Where the recipients were located
- Whom the messengers represented

2. What do we learn about the city of Philippi from Acts 16:12-40 and I Thessalonians 2:2?

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DAY TWO

1. From verses 3 through 11, what is Paul's vision for the for the Philippians?

2. In verse 12 Paul states that his imprisonment has really served to advance the gospel. What are the two examples he cites for the Philippians in verses 13 and 14?

3. For what purpose was Paul in prison?

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DAY THREE

1. What life lesson do we see in verses 15 through 18 and how can we apply this lesson to our lives today?

2. Why do you think Paul didn't care about the motives of those who preached Christ?

3. How would you react if government officials came to your house tonight and arrested you for your faith in Christ Jesus? Would you be:

- Angry that I did no wrong
- Afraid of what would come next
- Worried about my family
- Fearful for my life
- Praying to God
- Resolved to suffer
- Joyful to suffer for Christ
- Witnessing to those arresting me
- Other _____

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DAY FOUR

1. What is joy? Describe a time in your life when you had joy because of something God or a fellow believer did for you.

2. What are the three sources of, or reasons for joy in verses 4, 25 and 26 of this first chapter of Philippians?

3. From the following verses below, what are some reasons for Christians to rejoice?

Matthew 5:12 _____

Luke 10:20 _____

John 16:22 _____

Romans 5:2 _____

Romans 5:3 _____

Romans 5:11 _____

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DAY FIVE

1. Explain in your own words what Paul means when he says in verse 21 – *"For to me, to live is Christ and to die is gain."*

2. From reading verses 20 through 26, explain the following:

a) What benefit Paul would have in remaining on earth:

b) What benefit Paul would have in dying:

c) What benefit the Philippians would have in Paul remaining on earth:

3. Should Christians fear death? Why or why not?

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DAY SIX

1. What is the sign mentioned in verse 28 of this first Chapter of Philippians?

2. What do the following verses tell us about our attitudes towards suffering persecution for Christ?

- Acts 5:41 _____
- Romans 5:3 _____
- Philippians 1:29 _____
- James 1:2 _____
- 1 Peter 4:13 _____