

The Book of Ephesians

Chapter Five Workbook

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This Bible Study Workbook is designed to facilitate your study of Chapter Five of the Book of Ephesians. Upon completion of the study, it is recommended that you discuss your answers and insights with other Bible Students who also completed the workbook. Further information is available at www.free-online-bible-study.com

Workbook – Ephesians Chapter 5

Ephesians 5 (New International Version)

1 Be imitators of God, therefore, as dearly loved children 2 and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

3 But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. 4 Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. 5 For of this you can be sure: No immoral, impure or greedy person—such a man is an idolater—has any inheritance in the kingdom of Christ and of God. 6 Let no one deceive you with empty words, for because of such things God's wrath comes on those who are disobedient. 7 Therefore do not be partners with them.

8 For you were once darkness, but now you are light in the Lord. Live as children of light 9 (for the fruit of the light consists in all goodness, righteousness and truth) 10 and find out what pleases the Lord. 11 Have nothing to do with the fruitless deeds of darkness, but rather expose them. 12 For it is shameful even to mention what the disobedient do in secret. 13 But everything exposed by the light becomes visible, 14 for it is light that makes everything visible. This is why it is said: "Wake up, O sleeper, rise from the dead, and Christ will shine on you."

15 Be very careful, then, how you live—not as unwise but as wise, 16 making the most of every opportunity, because the days are evil. 17 Therefore do not be foolish, but understand what the Lord's will is. 18 Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit. 19 Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord, 20 always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

21 Submit to one another out of reverence for Christ.

22 Wives, submit to your husbands as to the Lord. 23 For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. 24 Now as the church submits to Christ, so also wives should submit to their husbands in everything.

25 Husbands, love your wives, just as Christ loved the church and gave himself up for her 26 to make her holy, cleansing her by the washing with water through the word, 27 and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. 28 In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. 29 After all, no one ever hated his own body, but he feeds and cares for it, just as Christ does the church— 30 for we are members of his body. 31 "For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh." 32 This is a profound mystery—but I am talking about Christ and the church. 33 However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

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DAY ONE

1. Verse 1 of this Chapter of Ephesians tells us to be imitators of God. How are we to imitate God? Who is our model?

2. How are we to live our lives according to verses 2, 8 and 15?

3. What are the six things Christians should not have in their lives according to verses 3 and 4?

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

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DAY TWO

1. What 2 reasons does Paul give for Christians to not have these six things in their lives?

2. Have you been in a group of people and someone begins to tell an off-color joke or story? What have you done or could you have done in these situations which are out of place for Christians?

3. What would be an example of a hint of sexual immorality or any kind of impurity or greed that we should not have in our lives according to verse three?

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DAY THREE

1. How can we expose the fruitless deeds of darkness from Ephesians Chapter 5, verse 11? Read the following verses to gain an understanding: John 8:12; John 9:5; Acts 13:47; 2 Corinthians 4:6; and 2 Timothy 1:10.

2. In the following verses we are told to do certain things detailed below. Each example also has a contrasting command(s).

List the contrasting verse(s) for each and the contrasting command(s).

	Contrasting Verses	Contrasting Commands
Verse 1: Be imitators of God		
Verse 7: Therefore do not be partners with them		
Verse 15: Be very careful, then, how you live		
Verse 17: Therefore do not be foolish		
Verse 18: Do not get drunk on wine		

3. Why is getting drunk a sin?

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DAY FOUR

1. What does it mean to submit ourselves to one another out of reverence for Christ (verse 21)? Do the following verses from the Book of Romans provide us any ideas: Romans 12:10,16; 13:8; 14:13; and 15:7? Do you think Jesus Christ provided us any examples from his life?

2. Who are the two audiences in verse 19 and how are they different, and how are they the same?

3. Please answer the question below if you are married.

A question for the ladies

What makes it easy for you to submit to your husband as provided in verse 22?

A question for the husbands

What makes it easy for you to love your wife as provided in verse 25?

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DAY FIVE

1. What is meant by the phrase “In this same way...” in verse 28? What is the way that is referenced?

2. Thinking back on what we’ve learned so far in this study, what do you think about the top three reasons for divorce today: Money, Sex and Alcohol?

3. The following verses from Chapter 5 of Ephesians state how a husband must love his wife. What is an example of this type of love?

Verse 25 - Husbands, love your wives, just as Christ loved the church and gave himself up for her

Verse 28 - In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself.

Verse 33 - However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

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DAY SIX

What specific things about today’s culture are at odds with concepts of a wife submitting to her husband and a husband loving his wife as provided here in the Book of Ephesians?
