

The Book of Ephesians

Chapter One Workbook

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This Bible Study Workbook is designed to facilitate your study of Chapter One of the Book of Ephesians. Upon completion of the study, it is recommended that you discuss your answers and insights with other Bible Students who also completed the workbook. Further information is available at www.free-online-bible-study.com

Workbook – Ephesians Chapter 1

Ephesians 1 (New International Version)

1Paul, an apostle of Christ Jesus by the will of God, To the saints in Ephesus, the faithful in Christ Jesus: **2**Grace and peace to you from God our Father and the Lord Jesus Christ.

Spiritual Blessings in Christ

3Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. **4**For he chose us in him before the creation of the world to be holy and blameless in his sight. In love **5**he predestined us to be adopted as his sons through Jesus Christ, in accordance with his pleasure and will— **6**to the praise of his glorious grace, which he has freely given us in the One he loves. **7**In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace **8**that he lavished on us with all wisdom and understanding. **9**And he made known to us the mystery of his will according to his good pleasure, which he purposed in Christ, **10**to be put into effect when the times will have reached their fulfillment—to bring all things in heaven and on earth together under one head, even Christ.

11In him we were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will, **12**in order that we, who were the first to hope in Christ, might be for the praise of his glory. **13**And you also were included in Christ when you heard the word of truth, the gospel of your salvation. Having believed, you were marked in him with a seal, the promised Holy Spirit, **14**who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.

Thanksgiving and Prayer

15For this reason, ever since I heard about your faith in the Lord Jesus and your love for all the saints, **16**I have not stopped giving thanks for you, remembering you in my prayers. **17**I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. **18**I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, **19**and his incomparably great power for us who believe. That power is like the working of his mighty strength, **20**which he exerted in Christ when he raised him from the dead and seated him at his right hand in the heavenly realms, **21**far above all rule and authority, power and dominion, and every title that can be given, not only in the present age but also in the one to come. **22**And God placed all things under his feet and appointed him to be head over everything for the church, **23**which is his body, the fullness of him who fills everything in every way.

Workbook – Ephesians Chapter 1

DAY ONE

1. Who wrote the epistle of Ephesians and to whom was it written?

2. Paul describes himself as an Apostle. According to your favorite Bible Dictionary, what is an Apostle? To whom was Paul an Apostle?

3. If you were writing a letter to other Christians who attend another church how would you describe yourself?

- I'm a believer.
- I'm a Christian.
- I'm a member of...
- I'm a born again Christian.
- I'm a child of God.
- I attend church at...
- _____ (*something else*).

Workbook – Ephesians Chapter 1

DAY TWO

1. From verses 3 through 12, cite three verses where Paul says God made a decision about you before you made a decision about Him.

2. Verse 9 states that God made the mystery of His will known to us. What is the mystery of His will?

3. Have you ever wondered "*What is God's will for my life?*" How can you determine God's will for your life? Can you share your experience learning God's will for your life?

Workbook – Ephesians Chapter 1

DAY THREE

1. Looking at the first ten verses of Ephesians, cite three verses that explain the purpose or reason for God’s plan for our salvation.

2. How can our understanding that God had a plan for us before we were born and that we should be especially blessed by Him hurt us if we misconstrue it? How can it help us in our daily walk and witness?

Misconstrue _____

Daily Walk and Witness _____

3. What do the first 14 verses teach us about the character of God?

Workbook – Ephesians Chapter 1

DAY FOUR

1. How many verses from the Bible can you find where the Holy Spirit was promised as stated in verse 13?

2. Do you think Paul had visited with the church in Ephesus prior to writing this letter to them? Why or why not?

3. Paul says he prays for the believers in Ephesus. What does Paul ask God to give them?

Workbook – Ephesians Chapter 1

DAY FIVE

1. What four reasons did Paul give for asking God to give the believers these things?

2. From reading Chapter One, what is the ultimate purpose of our salvation? Cite the verse(s).

3. God's Holy Spirit in us is God's seal. From the following scriptures, what truths are signified by a seal?

Dan 6:17 & Matt 27:62-66 _____

1 Kings 21:1-16 _____

Jer 32:10 _____

Est 8:7-12 _____

Workbook – Ephesians Chapter 1

DAY SIX

1. In verses 19 through 23 we learn about God’s power. What impresses you about that power of God? What did God do with His power for Jesus Christ?

2. What do we learn from the following verses about God putting everything under the feet of Jesus?

Ps 8:1-8 _____

1 Cor 15:24-28 _____

Heb 2:5-9 _____

3. What blesses you the most about this chapter?
